

# SWEET TEA



50 STATES  
★★★  
50 PLATES

featuring

★ FRANKLIN BECKER ★

Paid spokesperson for Novo Nordisk.

## INGREDIENTS

- ★ 2½ cups water
- ★ 5 black tea bags
- ★ 1 tablespoon plus 1 teaspoon monk fruit sweetener
- ★ Ice, to serve
- ★ Lemon slices, to garnish
- ★ Fresh mint, to garnish

## DIRECTIONS

Combine tea bags and water in a lidded jar. Cover and refrigerate at least 12 but no longer than 24 hours.

Remove the tea bags, pressing them against the side of the pitcher with a spoon to remove the excess tea.

Stir in the monk fruit sweetener until dissolved, about 1 minute.

Fill glasses with ice, divide tea among glasses, and garnish with sliced lemons and mint, if desired.

## Serving Size and Nutritional Information:

**Serves 2** (Serving Size = 2382 g)

**0** Calories Per Serving, **0 g** Total Fat,

**3 g** Total Carbohydrates, **0 g** Protein

Estimated nutrition information is provided as a courtesy. Data gathered via a registered nutritionist. We strive to make this information as accurate as possible; however, Novo Nordisk makes no warranties regarding its accuracy.



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