

ONCE-WEEKLY  
**OZEMPIC**<sup>®</sup>  
semaglutide injection 0.5mg, 1mg, 2mg

# Welcome to Ozempic<sup>®</sup> pen

[Click here](#) to learn more about Ozempic<sup>®</sup> pen



Pens are not actual size.

You may pay as little as **\$25** for up to a 3-month prescription.<sup>a</sup>

Text **SIGNUP** to **21848**.<sup>b</sup> See back cover for more information.

<sup>a</sup>Commercially insured patients only. Eligibility and other restrictions apply.

<sup>b</sup>Message and data rates may apply. Check with your mobile service provider. See Terms and Conditions of Use at [Ozempic.com](https://www.ozempic.com).

Please see Important Safety Information throughout. Click for [Prescribing Information](#) and [Medication Guide](#).

# Getting started on Ozempic®

By adding once-weekly Ozempic® pen to your type 2 diabetes management plan, you and your health care provider have taken an important step in helping to lower your blood sugar.

1

Take Ozempic® pen once a week, on the same day, exactly as prescribed by your health care professional.



You can take Ozempic® pen with or without food.



You may change the day of the week you use Ozempic® pen, as long as your last dose was given 2 or more days before.

## What is Ozempic®?

Ozempic® (semaglutide) injection 0.5 mg, 1 mg, or 2 mg is an injectable prescription medicine used:

- along with diet and exercise to improve blood sugar (glucose) in adults with type 2 diabetes
- to reduce the risk of major cardiovascular events such as heart attack, stroke, or death in adults with type 2 diabetes and known heart disease
- to reduce the risk of kidney disease worsening, kidney failure (end-stage kidney disease), and death due to cardiovascular disease in adults with type 2 diabetes and chronic kidney disease

It is not known if Ozempic® is safe and effective for use in children.

## Important Safety Information

Do not share your Ozempic® pen with other people, even if the needle has been changed. You may give other people a serious infection or get a serious infection from them.

Please see Important Safety Information throughout.

2 Click for [Prescribing Information](#) and [Medication Guide](#).

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# Ozempic<sup>®</sup> pen dosing

Here is the dosing schedule for the Ozempic<sup>®</sup> pen that delivers doses of 0.25 mg or 0.5 mg:



The beginning dose is 0.25 mg for the first 4 weeks. This will give your body a chance to get used to the medicine. At Week 5, the dose should be increased to 0.5 mg. Ozempic<sup>®</sup> also comes in pens that deliver doses of 1 mg or 2 mg if your health care provider determines that you need additional blood sugar control.

## Missed a dose?

- Take the missed dose as soon as possible, within 5 days after the missed dose
- If more than 5 days have passed, skip the missed dose and take your next dose on the regularly scheduled day

## Important Safety Information

What is the most important information I should know about Ozempic<sup>®</sup>?

Ozempic<sup>®</sup> may cause serious side effects, including:

- **Possible thyroid tumors, including cancer.** Tell your health care provider if you get a lump or swelling in your neck, hoarseness, trouble swallowing, or shortness of breath. These may be symptoms of thyroid cancer. In studies with rodents, Ozempic<sup>®</sup> and medicines that work like Ozempic<sup>®</sup> caused thyroid tumors, including thyroid cancer. It is not known if Ozempic<sup>®</sup> will cause thyroid tumors or a type of thyroid cancer called medullary thyroid carcinoma (MTC) in people

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# How to use Ozempic<sup>®</sup> pen

This is a quick guide. [Read the Instructions for Use and Important Safety Information](#) before using the pen.



## 1 Prepare your pen

### Check your Ozempic<sup>®</sup> pen

Read the label to check that your pen contains Ozempic<sup>®</sup>. Make sure that the Ozempic<sup>®</sup> medicine in your pen is clear and colorless.



## 2 Attach a new needle

Take a new needle. Tear off the paper tab. Push and turn the needle until tight. The needle is covered by two caps. **Remove both caps.**



## 3 Check the Ozempic<sup>®</sup> flow with each new pen

Turn the dose selector **until the dose counter shows the flow check symbol** (■ ■ ▲). Press and hold in the dose button until the dose counter shows 0. Make sure a drop appears at the needle tip.

## Important Safety Information

Do not use Ozempic<sup>®</sup> if:

- you or any of your family have ever had MTC, or if you have an endocrine system condition called Multiple Endocrine Neoplasia syndrome type 2 (MEN 2)
- you have had a serious allergic reaction to semaglutide or any of the ingredients in Ozempic<sup>®</sup>

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4 Click for [Prescribing Information](#) and [Medication Guide](#).

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## 4 Give your injection

### Select your dose

Turn the dose selector until the dose counter shows the dose you need to inject (0.25 mg or 0.5 mg).



## 5 Inject your dose

Insert the needle into your skin. Press and hold down the dose button. **After** the dose counter reaches 0, slowly count to 6. Remove the needle from your skin. Change (rotate) your injection site with each injection. Do not use the same site for each injection.



## 6 After your injection

Carefully remove the needle and place it in a sharps container. Put the pen cap back on the pen.



Scan to watch a demonstration video for Ozempic<sup>®</sup> pen.

## Important Safety Information

Before using Ozempic<sup>®</sup>, tell your health care provider if you have any other medical conditions, including if you:

- have or have had problems with your pancreas
- have a history of vision problems related to your diabetes
- have severe problems with your stomach, such as slowed emptying of your stomach (gastroparesis) or problems with digesting food
- are scheduled to have surgery or other procedures that use anesthesia or deep sleepiness (deep sedation)

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5 Click for [Prescribing Information](#) and [Medication Guide](#).

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# How to store Ozempic<sup>®</sup> pen

## Prior to first use



Refrigerated  
36 °F to 46 °F

**Until expiration date**

## After first use



Room temperature **OR** Refrigerated  
59 °F to 86 °F 36 °F to 46 °F

**56 days**

Text **PEN** to **43967** for more information on using and storing your pen.<sup>a</sup>

<sup>a</sup>Message and data rates may apply. Check with your mobile service provider. See Terms and Conditions of Use at [Ozempic.com](https://www.ozempic.com).

## Important Safety Information

Before using Ozempic<sup>®</sup>, tell your health care provider if you have any other medical conditions, including if you: (cont.)

- are pregnant or breastfeeding or plan to become pregnant or breastfeed. It is not known if Ozempic<sup>®</sup> will harm your unborn baby or pass into your breast milk. You should stop using Ozempic<sup>®</sup> at least 2 months before you plan to become pregnant

Tell your health care provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, herbal supplements, and other medicines to treat diabetes, including insulin or sulfonylureas.

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6 Click for [Prescribing Information](#) and [Medication Guide](#).

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# Most common side effects of Ozempic<sup>®</sup> in a pen

The most common side effects of Ozempic<sup>®</sup> pen may include nausea, vomiting, diarrhea, stomach (abdominal) pain, and constipation. Nausea, vomiting, and diarrhea are most common when first starting Ozempic<sup>®</sup> pen and when your dose increases.

Talk to your health care provider about any side effect that bothers you or does not go away. These are not all the possible side effects of Ozempic<sup>®</sup> pen.

## Important Safety Information

What are the possible side effects of Ozempic<sup>®</sup>?

Ozempic<sup>®</sup> may cause serious side effects, including:

- **inflammation of your pancreas (pancreatitis).** Stop using Ozempic<sup>®</sup> and call your health care provider right away if you have severe pain in your stomach area (abdomen) that will not go away, with or without nausea or vomiting. Sometimes you may feel the pain from your abdomen to your back
- **changes in vision.** Tell your health care provider if you have changes in vision during treatment with Ozempic<sup>®</sup>
- **low blood sugar (hypoglycemia).** Your risk for getting low blood sugar may be higher if you use Ozempic<sup>®</sup> with another medicine that can cause low blood sugar, such as a sulfonylurea or insulin. **Signs and symptoms of low blood sugar may include:** dizziness or lightheadedness, blurred vision, anxiety, irritability or mood changes, sweating, slurred speech, hunger, confusion or drowsiness, shakiness, weakness, headache, fast heartbeat, and feeling jittery

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7 Click for [Prescribing Information](#) and [Medication Guide](#).

[Click here for additional helpful information on possible Ozempic<sup>®</sup> side effects](#)

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# Ozempic<sup>®</sup> pen support



## Text2Connect

Get access to Text2Connect—a text-based coaching program that gives you reminders, inspiration, and resources to help you start and stay on Ozempic<sup>®</sup>.

Text **SIGNUP** to **21848** to get started.<sup>a</sup>



## NovoCare<sup>®</sup> Pharmacy ships Ozempic<sup>®</sup>

Get direct shipping through NovoCare<sup>®</sup> Pharmacy—your reliable source for authentic Ozempic<sup>®</sup>.



## Have questions about Ozempic<sup>®</sup>?

You can call **1-866-696-4090** to get live support.

<sup>a</sup>Message and data rates may apply. Check with your mobile service provider. See Terms and Conditions of Use at [Ozempic.com](https://www.ozempic.com).

## Important Safety Information

### What are the possible side effects of Ozempic<sup>®</sup>? (cont.)

- **dehydration leading to kidney problems.** Diarrhea, nausea, and vomiting may cause a loss of fluids (dehydration), which may cause kidney problems. It is important for you to drink fluids to help reduce your chance of dehydration. Tell your health care provider right away if you have nausea, vomiting, or diarrhea that does not go away
- **severe stomach problems.** Stomach problems, sometimes severe, have been reported in people who use Ozempic<sup>®</sup>. Tell your health care provider if you have stomach problems that are severe or will not go away

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8 Click for [Prescribing Information](#) and [Medication Guide](#).

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## Important Safety Information

### What are the possible side effects of Ozempic®? (cont.)

- **serious allergic reactions.** Stop using Ozempic® and get medical help right away if you have any symptoms of a serious allergic reaction, including swelling of your face, lips, tongue, or throat; problems breathing or swallowing; severe rash or itching; fainting or feeling dizzy; or very rapid heartbeat
- **gallbladder problems.** Gallbladder problems have happened in some people who take Ozempic®. Tell your health care provider right away if you get symptoms which may include: pain in your upper stomach (abdomen), fever, yellowing of the skin or eyes (jaundice), or clay-colored stools
- **food or liquid getting into the lungs during surgery or other procedures that use anesthesia or deep sleepiness (deep sedation).** Ozempic® may increase the chance of food getting into your lungs during surgery or other procedures. Tell all your health care providers that you are taking Ozempic® before you are scheduled to have surgery or other procedures

The most common side effects of Ozempic® may include nausea, vomiting, diarrhea, stomach (abdominal) pain, and constipation.

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# Ozempic<sup>®</sup> pen savings

## Ozempic<sup>®</sup> Savings Offers

Commercially covered  
pay as little as

**\$25**

for up to a  
3-month prescription<sup>a</sup>



OR

Uninsured or self-pay,

**SAVINGS  
OFFERS**

available at  
[OzempicSavings.com](https://OzempicSavings.com)<sup>b</sup>

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Text **SIGNUP** to **21848** or visit [OzempicSavings.com](https://OzempicSavings.com)  
to get started with your savings offer.<sup>c</sup>

<sup>a</sup>Pay as little as \$25, subject to a maximum savings of \$100/month. Eligibility and restrictions apply. Government beneficiaries excluded. One month defined as 1 box of 1 Ozempic<sup>®</sup> pen. Novo Nordisk reserves the right to modify or cancel this program at any time. See full terms at [www.savingscardeligibility.com](https://www.savingscardeligibility.com) and [NovoCarePharmacyTerms.com](https://NovoCarePharmacyTerms.com).

<sup>b</sup>Eligibility and restrictions apply. Government beneficiaries excluded. See full terms at [www.savingscardeligibility.com](https://www.savingscardeligibility.com) and [NovoCarePharmacyTerms.com](https://NovoCarePharmacyTerms.com).

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Only Novo Nordisk manufactures FDA-approved semaglutide medicines, like Ozempic<sup>®</sup>.

Ozempic<sup>®</sup> is a registered trademark of Novo Nordisk A/S.  
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